

Inside

† Saint Clare's

WHERE WE ARE TURNING PROMISE INTO PRACTICE EVERYDAY

600th Robotics Surgery Case Performed at Saint Clare's Center for Robotic Surgery



Dr. Michael Ingber performed the 600th robotic case at Saint Clare's Bott Family Surgical Pavilion.

Saint Clare's reached another significant milestone in robot-assisted, minimally invasive surgery this week, by performing its 600th case at the *Center for Robotic Surgery*. The 600th case, a robotic sacral colpopexy, was performed on a 51-year-old mother of two who developed a hernia of the pelvis following a hysterectomy performed many years ago. Dr. Michael Ingber performed the robotic surgery. Saint Clare's offers the latest in robotics for minimally invasive surgery with the *da Vinci*® S Surgical System. The *da Vinci* System enables surgeons to perform the most complex and delicate procedures through very small incisions with unmatched precision. Robotic surgery leaves patients with significantly less pain, less blood loss and scarring, and enables them to recover faster and return to normal daily activities.

Bar-coded Medication Packaging System Coming to Saint Clare's

On November 14, Saint Clare's will announce the launch of a bar-coded medication packaging system in its pharmacies. The new system is part of the OneCare program to create a universal electronic health record for every patient. Saint Clare's will be the first health system within CHI to implement the new technology under OneCare.

This new packaging system called Talyst will help provide safer care to patients, and reduce the number and severity of adverse events from medication errors by supporting bar-coded packaging from the time medications enter the pharmacy until they are delivered to the patient floor. In April



The new Auto-Pack Packager is a fully automated packaging system that supports bar-coding.

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Dialogue with the CEO

Dear Saint Clare's Employees, Physicians and Volunteers:

I am writing to let you know about our future plans with regard to Saint Clare's-Sussex Hospital.

As previously noted in recent communications, health care in our country is undergoing rapid change and hospitals across the nation are evaluating the impact of health care reform and what measures are required to assure long-term success. Like many hospitals, Saint Clare's is in a period of self-evaluation to determine the changes it needs to make to address current community needs and as we do so, we have to give careful thought and deliberation about how we translate our health care ministry into the future.

In the past, there has been a question about the ongoing viability of Saint Clare's-Sussex Hospital, as it has struggled to survive as a full-service hospital. After a thoughtful and comprehensive evaluation and a period of discernment by the Board of Directors and leadership of Saint Clare's Health System and Catholic Health Initiatives, it is clear that the future

SAINT CLARE'S CROSS - OUR CULTURE OF CARING



2012, the packaging system will integrate with the bar-code medication administration and computerized provider order entry systems as a result of Cerner Advanced Clinicals. At that time, nurses will use handheld devices to scan the bar-code to ensure the right medication is being administered to the right patient at the right time.



The new Carousel Cabinets take the place of the old "pick station" where medications were hand-picked.

role of Saint Clare's-Sussex Hospital needs to change in order for it to continue to serve the health care needs of the Sussex community.

Yesterday, Saint Clare's filed a Certificate of Need (CON) application with the state of New Jersey requesting approval to discontinue all inpatient medical and surgical services, and to transform the Sussex hospital to an ambulatory care facility providing outpatient surgical, diagnostic and treatment services, as well as a full service emergency department. While a number of options were considered, including the closure of the hospital, it was decided that maintaining certain services at Saint Clare's-Sussex Hospital, especially emergency care was important to assure continued access to vital health care services for the Sussex community.

CHI Social Media Policy

Saint Clare's implemented CHI's new system-wide policy for the use of social media. This new policy replaces the previous one, which was based on a draft of CHI's policy. The policy applies to anyone who works at Saint Clare's including employees, contracted or temporary employees, volunteers or trainees. The policy covers the use of social media at work and away from work when an individual's relationship to Saint Clare's is known, identified or presumed. Any violations of this policy will be investigated in conjunction with the applicable policies and procedures and will follow existing disciplinary policies. For more information about the policy, to review guidelines for social media use, [click here](#).

It's Time to Enroll for 2012 Benefits

Remember that annual enrollment runs through Friday, November 18th. This is an opportunity to reevaluate your benefits and make any changes to best fit the needs of you and your family. To make the selection, go to HR/Payroll Connection and click on "Make Your Annual Enrollment Elections" from the Activity Center or click on the "Make Choices for Next Year's coverage link from the My Benefits tab. If you haven't done so already, don't forget to take the Personal Health Assessment as one of the two activities needed to lower your 2012 medical plan contributions.

Healthy Changes Start with the Personal Health Assessment



Take the personal health assessment this fall to learn more about your health status. The personal health assessment is a free, voluntary, confidential online questionnaire about your medical history, lifestyle habits and chronic conditions. The resulting profile will indicate areas where you can improve your health or lower your chance of disease, and provide customized recommendations to CHI's Personal Wellness Program that can help you achieve your goals.

Take the assessment between October 1 and November 18 to help you save \$200 off your 2012 payroll contributions to the Catholic Health Initiatives Medical Plan.

Consistent with declining trends in inpatient admissions across the hospital industry nationally and here in New Jersey, fewer Sussex residents have been admitted to Saint Clare's-Sussex Hospital over the past several years. This facility is the smallest, least-utilized hospital in the state of New Jersey caring for on average 12 inpatients daily in a facility that is licensed for more than 100 beds. Operating an inpatient facility with such minimal patient volume is not sustainable into the future nor would it be prudent to do so. Additionally, based on two independent studies conducted for Saint Clare's, it was determined that access to inpatient hospital services for Sussex County residents would not be negatively impacted as a result of discontinuing inpatient services at Saint Clare's-Sussex Hospital.

A great concern we have in reaching this difficult decision is the potential effect on the dedicated employees at Saint Clare's-Sussex Hospital, many of whom have worked at the hospital for a long time. We recognize the uncertainty and anxiety that may result from this new direction and will do all that we can to assist employees during the transition. Of the 167 employees who currently work at Saint Clare's-Sussex Hospital, we believe that 55 full-time, part-time and per diem employees will be affected by the change in services. These employees will receive priority placement for open positions at Saint Clare's other facilities. In the event of job loss, those employees will be notified two months in advance and will be provided with severance pay, as well as outplacement support consistent with Saint Clare's policy.

Although we cannot sustain the status quo at Sussex, we are committed to providing health care services that we believe the Sussex com-

To earn the medical plan savings, you must complete two of the three following activities: Participated in the biometrics screening this spring or summer; complete the voluntary and confidential personal health assessment between October 1 and November 18; or your spouse (if currently enrolled in CHI's medical plan) completes the personal health assessment between October 1 and November 18. Go to the HR/Payroll Connection home page to take the personal health assessment. Your spouse will also need go to catholichealth.carewisehealth.com to take the assessment.



Time To Get Your Flu Vaccination

Saint Clare's has instituted a mandatory influenza vaccination program this year. **All employees, volunteers and students will be required to have received the influenza vaccination by December 15th.** Any exempted individual will be required to wear a surgical mask while on duty except while in the confines of their private office or while consuming food or beverage. The mask will need to be worn from December 15, 2011, until March 31, 2012, unless notified otherwise. After December 15th, any employee who has not received the vaccination will be given three days to comply with this policy. After this three-day grace period, any employee who has not received the vaccination or an exemption and is not wearing a mask will be considered to have voluntarily resigned employment with Saint Clare's. If you have questions, please email Dr. Bellamy, Medical Director, Employee Health Services, at jbellamy@saintclares.org.

Flu Vaccine Clinic Cumulative Totals

70	Doctors
1,461	Employees
143	Volunteers
1,674	Total Flu Vaccines Administered SCHS Employee 2011-2012 Season

Statistics

3,133	# Employees as of 5/12/11
50.14	% Employees Vaccinated (Employees only) **
56.94	% SCHS Vaccinated (Employees, MedStaff, Volunteers)*

*Medical staff, volunteer totals not reflected in denominator

**Includes attestations to off-site immunization

community needs most, particularly emergency care. In addition to maintaining a full service emergency department at Saint Clare's-Sussex Hospital we will also continue to operate the Mobile Intensive Care Unit (MICU) program, as we have for many years. Saint Clare's continues to be designated by the state of New Jersey as the exclusive provider for Sussex County of pre-hospital Advanced Life Support (ALS) services via its MICU program that is staffed by highly trained paramedics. Additionally, to supplement the network of volunteer ambulance squads in Sussex County, we will also continue to provide Basic Life Support (BLS) ambulance services staffed by experienced emergency medical technicians.

Pending the state's approval of the CON, Saint Clare's-Sussex Hospital will continue to provide a number of services including:

- Emergency Services
- Women's Health Center
- Same Day Surgery
- Endoscopy and minor procedures
- Diagnostic imaging including
 - CT scan and mammography
- Ultrasound
- Peripheral vascular and bone densitometry
- Respiratory therapy
- Laboratory and blood bank services
- Pharmacy support

Residents of the Sussex area will continue to have access to all of Saint Clare's services. The transformation to outpatient and emergency services at Saint Clare's-Sussex Hospital combined with the inpatient and surgical services at our Denville and Dover locations, as well as other area providers, will continue to serve the health care needs of the region.

The CON review process is expected to take six months and until that process is complete Saint Clare's-Sussex Hospital will maintain current operations and services. We are committed to keeping you and the community informed. For your information, you can [click here](#) to read the news release about the transformation of Saint Clare's-Sussex Hospital that was sent to the media yesterday.

Please do not hesitate to contact me at SaintClaresCEO@SaintClares.org with any questions you may have about this or any other subject. Thank you for your continued commitment and dedication to Saint Clare's health care ministry.

Sincerely,

Leslie D. Hirsch
President and Chief Executive Officer

It's Time to Register for *Saturday with Santa Celebration*

Bring your family to Saint Clare's annual Saturday with Santa celebration on Dec. 10 at the Meadow Wood Manor in Randolph. There are two sessions: 9 a.m. to 11 a.m. and noon to 2 p.m. The event that will feature photos with Santa, a DJ, magician, goody bags, face painting, balloons and much more. The event is \$7 for adults and free for children 12 and younger. Attendance is limited to employees, spouses or significant others, their children and grandchildren (12 and under). This year, employees can only register online using a credit card. [Click here](#) to register.



Back by popular demand....Thanksgiving Pies to order specially prepared by our own pastry chef, Erin Redden. This year, we will be featuring her scrumptious pumpkin, high-top apple and pecan pies. [Click here](#) for the order form and details. Place your order by November 16th and pick up the pies on either Tuesday, November 22 or Wednesday November 23.

Help Those in Need During the Thanksgiving Food Drive

The Denville, Dover, Boonton and Ford Road campuses are collecting canned goods and non-perishable items to benefit the Hope House Food Pantry in Dover, and the Sussex campus collection will benefit the Sussex Help Center. The Thanksgiving Food Drive will run from Monday, October 31st through Monday, November 14th. Donations can be placed in the large boxes outside the cafeterias. At Ford Road, donations can be placed in the box inside the lunch room. Suggested items include canned vegetables and soups, stuffing mix, instant mashed potatoes and canned cranberry sauce. If you wish to donate a grocery store gift card to purchase turkeys and perishable items, you may drop them off in Denville Administration with Sr. Susan Evelyn or Diana Shores.

Manage Your Weight During the Holiday Season

Saint Clare's is offering a free seminar to help you stay fit and healthy this holiday season. The seminar will include cooking tips, recipe ideas, weight management tools and much more! The event will be held on Sunday, November 20, 2011, at 11:30 a.m. at Saint Clare's Hospital, 25 Pocono Road in Denville. Come see the newly renovated Café Saint Clare and enjoy a free cup of coffee on the house. Space is limited, so register now by calling (973) 219-1624 or email rmrider@optonline.net.

Saint Francis November Garage Sale

Saint Francis Residential Community will be holding a Garage Sale on Friday, November 11th from 3 p.m. to 5 p.m. and on Saturday, November 12th from 10 a.m. to 1 p.m. The sale will be held at 19 Pocono Road in Denville. The sale will feature newly arrived items as well as Christmas décor, books, some furniture and other household items. Stop by!

calendar

Please send
your internal events by
Tuesday morning of each week to
cathysdunn@saintclares.org.
for inclusion in
Inside Saint Clare's.

Saint Clare's Vendor Show

Friday, Nov. 11, 2011
9 a.m. to 4 p.m.
Urban Auditorium/Denville

This year's vendor show is bigger and better and has several new vendors, including Avon Products, Mary Kay Cosmetics, Pampered Chef, Books-R-U's, Tupperware and many more.

Friends for Life Program – "Domestic Violence"

Monday, November 14, 2011
11:30 a.m. to 12:30 p.m.
Sister Catherine Conference Room, Dover, Campus

Learn about what domestic violence is and its prevalence, as well as prevention techniques and how to help those involved in it. Please call 1-866-782-5273 to register.

Health Matters – Sleep Disorders

Tuesday, November 15, 2011
6:30 p.m. to 8:30 p.m.
Hilton Garden Inn, 375 Mount Hope Avenue, Rockaway

Program will discuss common sleep disorders and how they are diagnosed and treated. Program is free but registration is required. To register, call 1-866-782-5273 or Michele Olex at 973-989-3230 with questions.

Morris County Parent/Youth Summit – "Bullying and Cyber-bullying: What You Need to Know"

Wednesday, November 16, 2011
5:30 p.m. to 8:30 p.m.
Meadow Wood Manor

Designed to educate and enlighten parents, youth, and community members about the serious issues of bullying in an effort to empower communities to effectively address and put an end to this serious problem. Program is free but registration required by calling 1-866-782-5273.

Intensive Family Support Services:

Planning for Your Family Member's Future Financial and Caretaking Needs

Thursday, November 17, 2011
7 p.m. to 9 p.m.
Saint Francis Residential Community Green Room, 19 Pocono Rd. Denville

Presenter is Robert Bernstein, Esq., Morristown.
Program includes information on wills, special needs trusts and guardianship issues.

Free Intro to Energy Healing

Saturday, November 19, 2011
4 p.m. to 5:15 p.m.
Urban Auditorium, Denville Campus

Energy Healing (Reiki, Healing Touch...) is fast becoming one of the most popular forms of complementary medicine being used. Benefits include: stress and pain relief, increased energy levels, and deep mental/physical relaxation. Please register by November 12. Contact Jon Rosenberg, Ph.D., a Saint Clare's Radiation Therapist and Certified Reiki Master at jdrusc@optonline.net.

Mount Airy Bus Trip

Saturday, November 19, 2011
8:30 a.m. (sharp) to 7 p.m.

Cost is \$30 per person. Get \$35 back at the casino. Meet the bus at the Sussex A&P. For details and reservations call 973-702-2861.

Enroll in Historic Cancer Prevention Study

Tuesday, December 6, 2011
Denville Auditorium
10:30 a.m. to 2 p.m. and 5 p.m. to 7:30 p.m.

Saint Clare's is offering all employees the opportunity to fight cancer by enrolling in the American Cancer Society's new research study, Cancer Prevention Study-3 (CPS-3). The goal of CPS-3 is to enroll men and women from various racial/ethnic backgrounds from the U.S. to better understand the lifestyle, environmental and genetic factors that cause or prevent cancer. Those between the ages of 30 and 65 years old who have never been diagnosed with cancer are eligible to enroll.

[Click here for additional events.](#)

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Please send comments to cathysdunn@saintclares.org.

Cathy Dunn - Editor

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Saint Clare's Health System